Elementary Physical Education

Physical Education will look a little different this year for your son/daughter. Like so many other changes this year, students will be unable to use the gymnasium during their gym time. The PE department will do our best to make PE active and fun with limited space on rainy days but will be going outside as much as possible. We know that the weather can be unpredictable, so please keep this in mind on days when your son/daughter has PE.

Things to remember:

- 1. Students may choose to wear a gaiter mask or lanyard on PE days. This will help with taking masks on/off when outside. This will also prevent masks from falling on the ground and/or getting dirty, lost, etc.
- 2. Please remember sneakers on gym days. We will NOT be lending sneakers this year due to COVID.
- 3. Please check the weather on PE days and have students dress accordingly. Hoodies, jackets, sweatpants, old sneakers, are a good idea as we start to move into fall weather.
- 4. Unfortunately we will not be getting drinks from the water fountain. Students should bring in a water bottle to hydrate after class.

We look forward to a healthy, active school year! Please feel free to contact us with any questions or concerns.

Thank you, The Physical Education Department

Coach Kristilyn Breault- Grades K, 2 and 4 <u>kbreault@hartfordcsd.org</u>

Coach Andrew Capone: Grades 1 and 3 <u>Acapone@hartfprdcsd.org</u>

Coach Caleb Sutliff: Grade 5 <u>CSutliff@Hartfordcsd.org</u>









